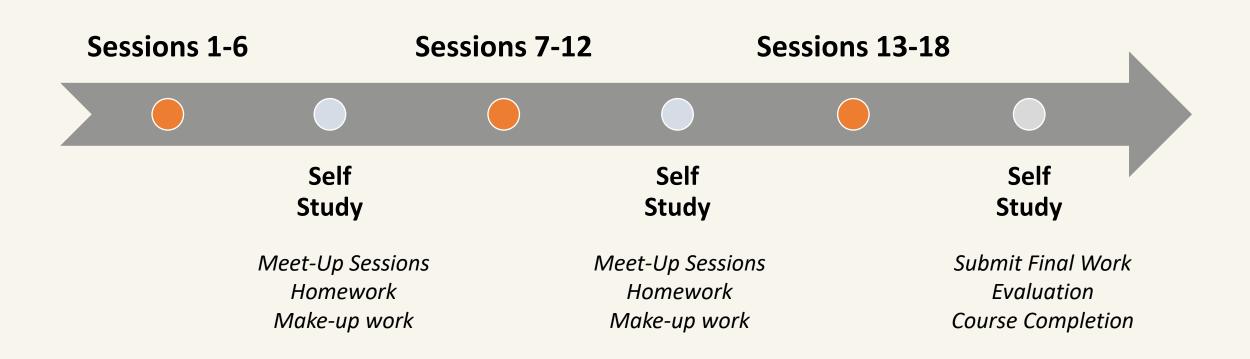




What makes a trip memorable?

Share in the Chat Box with Everyone

### Find Your Rhythm and Pace Yourself



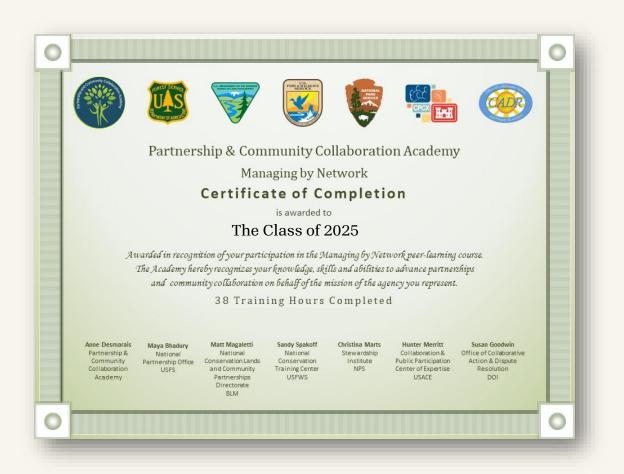
# Flexible Attendance Options

Come on in!

- You may join any webinar group in a given week.
- We will record at least 1 webinar each week.
- Submit a Self-Study Form to get Honors credit for making up missed classes.
- Note: Self-Study does not take the place of live participation.



## Course Requirements and Credit



- ☐ Attend 10+ live Webinars to earn a Certificate of Completion.
- ☐ Earn an Honors Certificate by completing 15+ webinars, and/or presenting a Case Study.
- ☐ Complete the TNA and Evaluation
- ☐ We take attendance each week.

  If you have a question, reach out!

### Pre-webinar and Homework

These optional assignments are designed to enrich learning and support your practice.

#### PW: MbN Scavenger Hunt



Encouraged to take a closer look at my social and partner networks



Excited to learn from different perspectives of peers in class

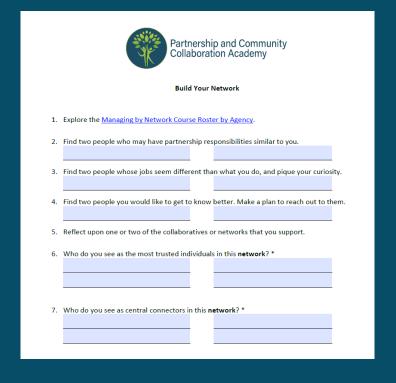


Explored the resources available to support learning



Learned about what to expect from class

#### HW: Build Your Network





# Shared Experiences





# MbN 2025 Group Agreements



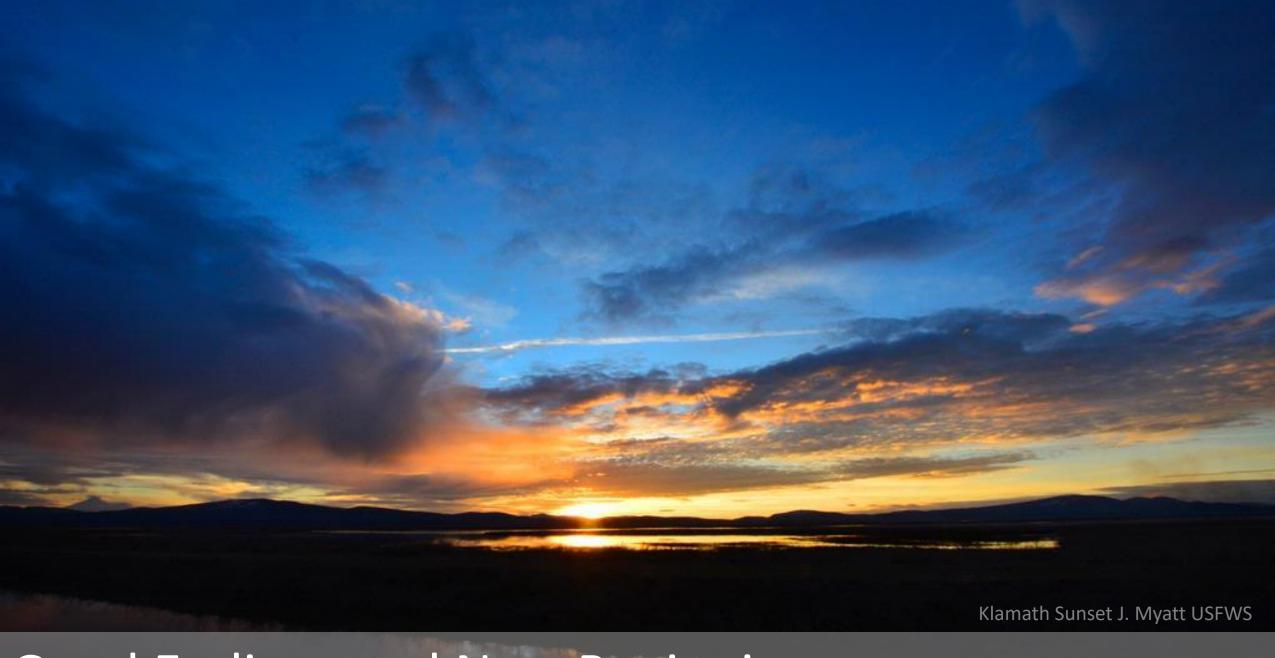
- Everyone is welcome.
- Be respectful, honest and candid. Hold confidences.
- Honor the complexity of everyone's experience and expertise.
- Be present, mindful and curious. Ask questions.
- Give people time to express themselves.
- Allow people to speak without judging
- Practice Level 3 Listening Listen to Understand
- Take space, make space
- Pause before moving on or jumping in.
- Stay friendly. Keep conversations positive.
- Share examples and perspectives.
- Avoid acronyms.
- Regular interactions keep us engaged.
- Use a variety of media and activities for different learning styles.
- Share clear directions and instructions.



## Snapshots from the TNA







Good Endings and New Beginnings